Ordinary Time Volume 1 Table of Contents

WEEK I

Sunday	
Evening Prayer I	5
Morning Prayer	12
Evening Prayer II	19
Monday	
Morning Prayer	27
Evening Prayer	34
Tuesday	
Morning Prayer	41
Evening Prayer	49
Wednesday	
Morning Prayer	57
Evening Prayer	65
Thursday	
Morning Prayer	72
Evening Prayer	81
Friday (Memorial of the Holy Cross)	
Morning Prayer	90
EVENING PRAYER	08

Friday (Memorial in the Proper of Saints)
Morning Prayer10
Evening Prayer112
Saturday
Morning Prayer
Week II
Sunday
Evening Prayer I127
MORNING PRAYER
EVENING PRAYER II14:
Monday
Morning Prayer149
EVENING PRAYER150
Tuesday
Morning Prayer
EVENING PRAYER 17:
Wednesday
Morning Prayer179
EVENING PRAYER
Thursday
Morning Prayer192
EVENING PRAYER 203
Friday (Memorial of the Holy Cross)
Morning Prayer212
Evening Prayer219

FRIDAY (Memorial of the Holy Cross)	
Morning Prayer	226
Evening Prayer	233
Saturday	
Morning Prayer	240

Art by Martin Erspamer, O.S.B. from Religious Clip Art for the Liturgical Year. Used with permission of Liturgy Training Publications.

English Psalm texts from the Liturgical Psalter © 1994, International Committee on English in the Liturgy, Inc. (ICEL). All rights reserved. Used with permission.

Spanish Psalm texts from la Bible de Nuestro Pueblo, para América Latina © 2009, Nanjing Amity Printing Co. All rights reserved. Used with permission.

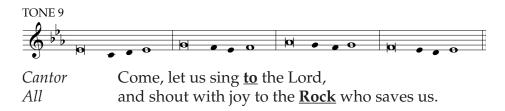
Psalm tones by Howard Hughes, S.M. from the Liturgical Psalter © 1994, International Committee on English in the Liturgy, Inc. (ICEL). All rights reserved. Used with permission.

Sunday Evening Prayer I

CALL TO WORSHIP [Weeks 1, 9, 17, 25, 33] (stand)



CALL TO WORSHIP [Weeks 5, 13, 21, 29] (stand)



(bow) Glory to the Father, and to <u>the</u> Son,

and to the **Ho**ly Spirit:

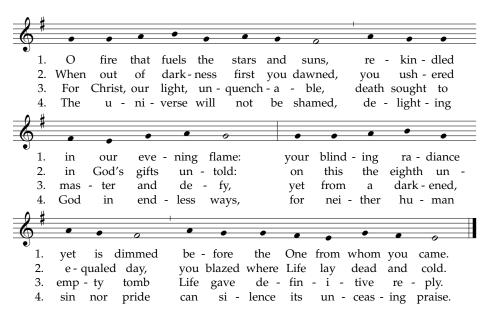
(upright) as it was in the beginning,

is now, and will be for ever. Amen. Alle *lu*ia.



HYMN [Weeks 1, 9, 17, 25, 33]

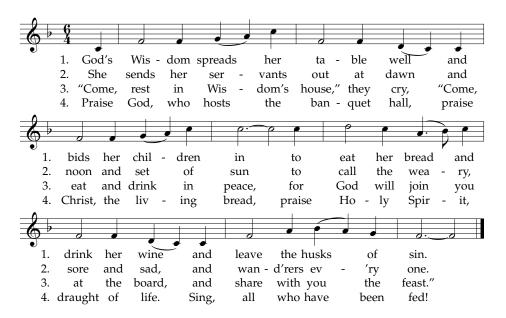
O Fire that Fuels the Stars and Suns



Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission. Music: Chant, Mode L.

HYMN [Weeks 5, 13, 21, 29]

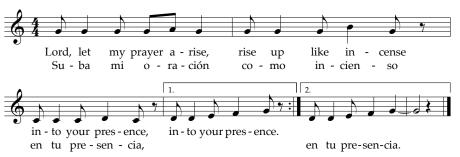
God's Wisdom Spreads Her Table Well



Text: Genevieve Glen, OSB, b. 1945, © 1998, The Benedictine Nuns of the Abbey of St. Walburga. Published by OCP Publications. All rights reserved. Reprinted with permission under LicenSingOnline, #607576.
Tune: LAND OF REST, CM; Trad. American Melody.

PSALMODY (be seated)

Psalm 141



Responsorial

From the depths of my heart I thank you, O Lord; before all the angels I sing out your praise.

I will bow myself down before your holy temple, praising your name for your constancy and love.

I called out and you heard, you answered my cry; you filled me with courage and strengthened my soul.

For the Lord dwells on high, yet cares for the poor, lifting the lowly and humbling the proud.

In the face of my foes you safeguard my life; outstretched is your hand to protect me, O Lord. Te doy gracias, Señor, de todo corazón; delante de los ángeles tañeré para ti.

Yo vendré a postrarme ante tu santo templo, dándote gracias por tu amor y lealtad.

Me escuchaste, Señor, cuando yo te invoqué y diste a mi alma más valor.

El Señor es sublime, se fija en el humilde; A aquel que es soberbio lo mira desde lejos.

Si me encuentro entre peligros, me conservas la vida. Tu brazo me salva de mis enemigos.

Text and music: Bob Hurd; trans. by Jaime Cortéz, © 2001, Bob Hurd. Published by OCP Publications. All rights reserved. Reprinted with permission under LicenSingOnline, #U10230.

Psalm 142



Antiphon You are my <u>ref</u>uge, God, all I have in the land <u>of</u> the living.

2 Choirs

I pray, I plead, I cry for <u>mer</u>cy, Lord; I pour out all my troubles, the story of <u>my</u> distress. My <u>spir</u>it fails me.

You know the road I walk and the traps hid<u>den</u> from me. See what <u>they</u> are doing! No one befriends me or **cares** for me.

There is no escape, so I turn <u>to</u> you, Lord. I know you <u>are</u> my refuge, all I have in the land <u>of</u> the living.

I am pleading, hear me!
I <u>have</u> no strength.
God, rescue me!
They <u>hunt</u> me down,
and **ov**erwhelm me.

Free me <u>from</u> this cage! Then I will praise your name and gather <u>with</u> the just to thank you <u>for</u> your kindness.

Philippians 2:6-11

Please stand for this canticle of praise.

TONE 6



Antiphon Jesus humbled himself and God lifted him high.

All together

Though in the <u>form</u> of God, Jesus did not claim equali<u>ty</u> with God but emptied himself, taking the form <u>of</u> a slave, human like **one** of us.

Flesh and blood, he hum<u>bled</u> himself, obeying to the death, death <u>on</u> a cross.
For this very reason —

God lift<u>ed</u> him high and gave him the name a<u>bove</u> all names.

So at the name of Jesus every **knee** will bend in heaven, on earth, and in the **world** below, and every tongue exclaim to the glory of **God** the Father, "Jesus **Christ** is Lord."

PSALMODY DOXOLOGY

TONE 6



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ever. Amen.

READING (be seated)

RESPONSORY



Cantor Our hearts are **filled** with wonder

as we contemplate your works, O Lord.

All We praise the wisdom which wrought them all,

as we contemplate your works, O Lord.

CANTICLE OF MARY (stand)

Antiphon from the Proper of the day

Intercessions
Our Father
Concluding Prayer



Sunday Morning Prayer

CALL TO WORSHIP [Weeks 1, 9, 17, 25, 33] (stand)



CALL TO WORSHIP [Weeks 5, 13, 21, 29] (stand)



Cantor Come, let us sing to the Lord,

All and shout with joy to the **Rock** who saves us.

(bow) Glory to the Father, and to <u>the</u> Son,

and to the **Ho**ly Spirit:

(upright) as it was in the beginning,

is now, and will be for ever. Amen. Alle *lu*ia.



HYMN [Weeks 1, 9, 17, 25, 33]

This Is the First Day



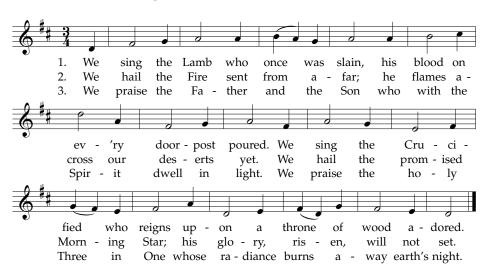
Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved.

Used with permission.

Music: DIVA SERVATRIX, 11 11 11 5; Bayeux Antiphoner, 1759.

HYMN [Weeks 5, 13, 21, 29]

We Sing the Lamb Who Once Was Slain



Text: Genevieve Glen, OSB, b. 1945, © 1992, The Benedictine Nuns of the Abbey of St. Walburga. Published by OCP Publications. All rights reserved. Reprinted with permission under LicenSingOnline #U10230.

Music: SOLEMNIS HAEC FISTIVITAS, LM; Graduale, 1685.

PSALMODY (be seated)

Psalm 63

TONE 3



Antiphon As morning breaks I look to **you**, O God, Cuando la mañana amanece te contem**ple**, oh Dios.

Cantor/All

¡Oh Dios, tú eres mi Dios, por ti madrugo: mi garganta está sedienta de ti, mi carne desfallece por ti como tierra seca, reseca sin agua! Que así te contemple en el santuario viendo tu poder y tu gloria.

God, my God, you I crave; my soul thirsts for you, my body aches for you like a dry and weary land. Let me gaze on you in your temple: a vision of strength and glory.

Your love is bet<u>ter</u> than life, my speech is <u>full</u> of praise. I give you a lifetime of worship, my hands raised <u>in</u> your name. I feast at a rich table, my lips sing <u>of</u> your glory.

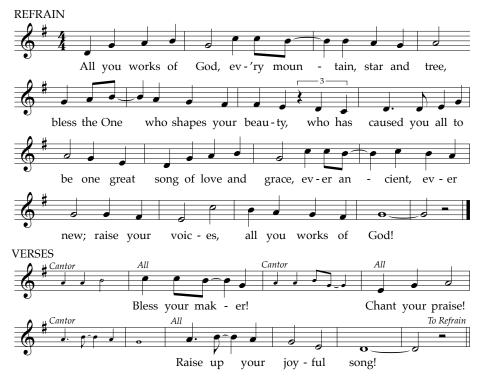
Porque tu amor vale más que la vida, te alabarán mis labios. Que así te bendiga mientras viva, alzando las manos en tu Nombre. Me saciaré como de enjundia y de manteca, y mi boca te alabará con labios jubilosos.

Si en mi lecho me acuerdo de ti, en mis vigilias me<u>di</u>to en ti, porque tú has sido mi ayuda, y a la sombra de tus alas sal<u>to</u> de gozo. Mi vida está un<u>i</u>da a ti y tu mano <u>me</u> sostiene. On my bed I lie awake, your memory fills the night. You have been my help, I rejoice beneath your wings. Yes, I cling to you, your right hand holds me fast.

Let those who want me dead end up deep <u>in</u> the grave!
They will die by the sword, their bodies <u>food</u> for jackals.
But let the king find <u>joy</u> in God.
All who swear the truth be praised, every lying <u>mouth</u> be shut.

Pero los que intentan quitarme la vida vayan a lo profundo de la tierra; sean pasados a filo de espada, sirvan de pasto a los chacales. Pero el rey se alegrará en Dios, el que jura por él se felicitará, cuando tapen la boca a los mentirosos.

Daniel 3:56-88



- 1. Sun and moon...Stars of heaven...Showers and dew...
- 2. Winds of God...Cold and winter...Snowstorms and ice...
- 3. Night and day...Light and darkness...Lightnings and clouds...(Refrain)
- 4. All the earth...Hills and mountains...Green things that grow...
- 5. Wells and springs...Seas and rivers...Whales in the deep...
- 6. Flying birds...Beasts and cattle...Children at play... (Refrain)
- 7. All who live...Men and women...Servants of God...(Refrain)

Text and music: Marty Haugen, © 1990, GIA Publications, Inc. All rights reserved. Used with permission under OneLicense.net, #A-712825

Psalm 149

Please stand for this canticle of praise.



Antiphon Israel, rejoice in your maker, Zion, in your king.

2 Choirs

Sing a new **song**, you faithful, praise God in **the** assembly. Israel, rejoice in your maker, Zion, **in** your king. Dance in the Lord's name, sounding harp and **tam**bourine.

The Lord delights in saving a **help**less people. Revel in God's glory, join in **clan** by clan. —

Shout praise <u>from</u> your throat, sword flash<u>ing</u> in hand

to discipline nations and pun**ish** the wicked, to shackle their kings and **chain** their leaders, and exe**cute** God's sentence. You faithful, this **is** your glory!

Alle*lu*ia! Alle*lu*ia!

PSALMODY DOXOLOGY



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

RESPONSORY

TONE 1



Cantor Christ, Son of the <u>liv</u>ing God,

have mercy on us.

All You are seated at the right hand <u>of</u> the Father,

have mercy on us.

CANTICLE OF ZECHARIAH (stand)

Antiphon from the Proper of the day

Intercessions Our Father Concluding Prayer

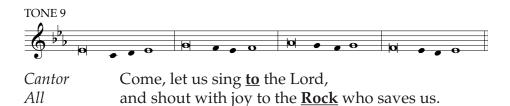


Sunday Evening Prayer II

CALL TO WORSHIP [Weeks 1, 9, 17, 25, 33] (stand)



CALL TO WORSHIP [Weeks 5, 13, 21, 29] (stand)



(bow) Glory to the Father, and to the Son,

and to the **Ho**ly Spirit:

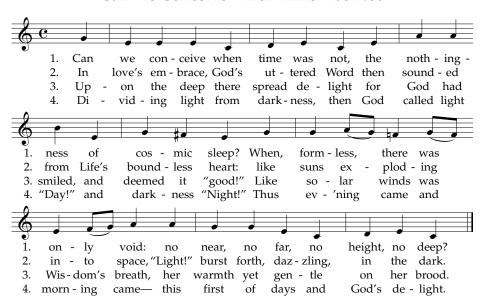
(upright) as it was in the beginning,

is now, and will be for ever. Amen. Alle *lu*ia.



HYMN [Weeks 1, 9, 17, 25, 33]

Can We Conceive When Time Was Not



Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission

Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

HYMN [Weeks 5, 13, 21, 29]

Late Have I Loved You



Text: based on Confessions of Augustine, Book X; Tom Enneking, osc, © 2016, Crosier Fathers and Brothers, Inc. All rights reserved. Music: A. Baldoni, OSA

SOLEMN PRAYER OF THANKSGIVING

Cantor: Let us give thanks to God our Father, always and for ev'rything.



Cantor: Praised be the Lord our God, Ruler of the universe, who led our ancestors in the faith by a pillar of cloud by day and a pillar of fire by night, and prepared a lamp for his Anointed. Light up our darkness, O God, by the light of your Christ; may his word be a lamp to our feet and a light to our path, for you are full of loving kindness for your whole creation and we, your creatures, glorify you, Father, Son and Holy Spirit, now and for ever.



Music: RADIANT LIGHT, LM; Michael Joncas, b. 1951, © 1979, GIA Publications, Inc. All rights reserved. Reprinted with permission under license #A-712825, OneLicense.net.



PSALMODY (be seated)

Psalm 110



Responsorial

TONE 7



Dijo el Señor a mi señor; Siéntate a <u>mi</u> derecha hasta que haga a tus enemigos estrado <u>de</u> tus pies. El Señor extenderá desde Sión el poder de <u>tu</u> reinado: ¡domina entre tus <u>e</u>nemigos! The Lord decrees to the king: "Take the throne at my right hand, I will make your enemies a footrest. I will raise your scepter over Zion and beyond, over all your enemies.

"Your people <u>stand</u> behind you on the day you <u>take</u> command. You are made holy, splendid, newborn <u>like</u> the dawn, fresh <u>like</u> the dew." Tu pueblo está dispuesto para el día de la movilización, cuando aparezcas majestuoso; desde el seno de la aurora tuya es la flor de la juventud.

El Señor lo ha jurado y no <u>se ar</u>repiente: Tú eres sacerdote del Eterno, al modo de Mel<u>qui</u>sedec El Señor está a <u>tu</u> derecha: exterminará a los reyes el día <u>de</u> su cólera; God's oath is firm: "You are a priest for ever, the rightful king by my decree." The Lord stands at your side to destroy kings on the day of wrath.

God executes judgment, crushes the <u>heads</u> of nations, and brings car<u>nage</u> worldwide. The victor drinks from a <u>wa</u>yside stream and rises refreshed.

sentenciará a los reyes, amontonará cadáveres, aplastará cabezas sobre la ancha tierra. En el camino beberá del torrente así levantará su cabeza.

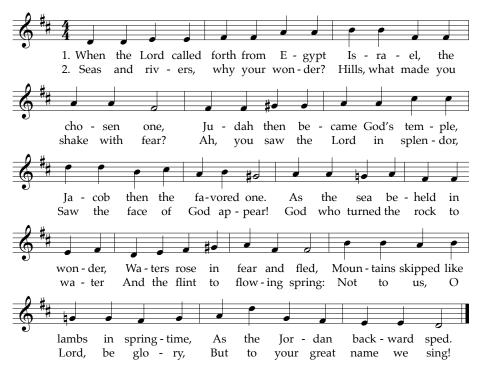
Text: Psalm 110 © 1982, SOBICAIN. All rights reserved.

Music: Lourdes C. Montgomery, b. 1956, © 1999, Lourdes C. Montgomery. Published by OCP Publications. All rights reserved.

Reprinted with permission under license #U10230, LicenSingOnline.

Psalm 114

Antiphon Tremble! earth, before the Lord, before the God of Jacob.



Text: Bernard Mischke, osc, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

Revelation 19:1-7

Please stand for this canticle of praise.

TONE 2



Antiphon The Lord God almighty rules, alle luia!

2 Choirs

Alleluia!

Salvation, glory and **pow'r** to God!

Alleluia, Alleluia!

Right and sure the judgments of God!

Alleluia, Alleluia!

Alleluia!

Praise our God, you <u>faith</u>ful servants!

Alleluia, Alle*lu*ia!

In awe praise God, you **small** and great!

Alleluia, Alleluia!

Alleluia!

The Lord God almighty rules!

Alleluia, Alle*lu*ia!

Be glad, rejoice, give glory to God!

Alleluia, Alleluia!

Alleluia!

The wedding feast of the **Lamb** begins.

Alleluia, Alleluia!

The bride is radiant, **clothed** in glory.

Alleluia, Alle<u>lu</u>ia!

PSALMODY DOXOLOGY

TONE 2



All (bow) Glory to the Father, and **to** the Son, and to the **Ho**ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

RESPONSORY

TONE 1



Cantor The whole creation proclaims

the greatness of your glory.

All Eternal <u>ages</u> praise

the greatness $\underline{\mathbf{of}}$ your glory.

CANTICLE OF MARY (stand)

Antiphon from the Proper of the day

Intercessions
Our Father
Concluding Prayer

Monday Morning Prayer

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

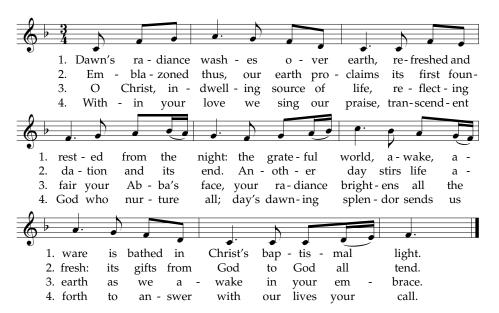
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Dawn's Radiance Washes Over Earth



Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission.

Tune: O WALY WALY, LM; Trad. English Melody.

HYMN [Weeks 5, 13, 21, 29]

We Thank the Lord of Goodness



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 5



Antiphon I pray to you, Lord, my prayer rises with the sun.

2 Choirs

Hear my <u>words</u>, my groans, my cries for help,
O <u>God</u> my king.
I pray to you, Lord,
my prayer rises <u>with</u> the sun.
At dawn I plead my
case and wait.

You never welcome **e**vil, God, never **let** it stay.
You hate arrogance and ab**hor** scoundrels, you detest violence and de**stro**y the traitor.

But by your great mercy I en<u>ter</u> your house and bend low in awe within your <u>ho</u>ly temple.

In the face of my enemies **clear** the way, bring **me** your justice.

Their charges are groundless, they **breathe** destruction; their tongues are smooth, their throat an **o**pen grave.

God, pronounce them guilty, catch them in **their** own plots, expel them for their sins; they **have** betrayed you.

But let those who trust you be glad and cele**brate** for ever. Protect those who love your name, then they will de**light** in you.

For you bless the just, O God, your grace surrounds them like a shield.

1 Chronicles 29:10-13



Antiphon God, we praise your <u>splen</u>did name. Alabamos tu nom<u>bre</u> glorioso.

Cantor/All

Bendito seas, Señor,
Dios de nuestro padre <u>Is</u>rael,
desde siempre y <u>pa</u>ra siempre.
A ti, Señor, la grandeza, <u>el</u> poder,
el honor, la majestad <u>y</u> la gloria.

Blest are you for ever, Lord, God of our father Israel. Power, splendor, greatness, glory and honor are yours.

The whole universe is yours. You are peer<u>less</u> in majesty, from you flow <u>wealth</u> and glory.

Porque tuyo es cuanto hay en cielo y tierra. Tuyo el reino y el que está por encima de todos.

Riqueza y gloria vien<u>en</u> de ti. Todo <u>lo</u> gobiernas. En tus manos están la fuerza y <u>el</u> poder, en tus manos engrandecer y fortalecer <u>a</u> quien quieras. You command all: your hand is strength, your hand makes strong.

And so we **thank** you, God, we praise your **splen**did name.

Nosotros, Dios nuestro, te damos gracias y alabamos tu nombre glorioso.

Psalm 29

Please stand for this psalm of praise.



Antiphon Give glory! Honor God's strength! Honor the name of the Lord!

2 Choirs

Give the Lord glory, you spirits!
Give glory! Honor God's strength!
Honor the name of the Lord!
Bow when the Lord comes,
majestic and holy.

God's voice thunders above the <u>mas</u>sive seas; powerful, splendid, God shatters the cedars, shatters the ce<u>dars</u> of Lebanon, makes Lebanon jump <u>like</u> a calf, Sirion like **a** wild ox.

God's voice strikes fire, makes the <u>des</u>ert shudder, Qadesh shud<u>der</u> in labor, deer <u>writhe</u> in labor. God <u>strips</u> the trees.

All shout "Glory" in your

temple, Lord.

For you rule the mighty waters,
you rule over all for ever.

Give strength to your people, Lord,
and bless your people with peace.

PSALMODY DOXOLOGY



All (bow) Glory to the Father, and to the Son, and to the Holy Spirit:(upright) as it was in the beginning, is now, and will be for ever. Amen.

READING (be seated)

CANTICLE OF ZECHARIAH (stand)



Antiphon The Lord favored <u>our</u> ancestors, recalling the <u>sa</u>cred covenant.

2 Choirs

Praise the Lord, the God <u>of</u> Israel, who shepherds the people and <u>sets</u> them free.

God raises from David's house a child with power <u>to</u> save. Through the holy prophets God promised in <u>ages</u> past to save us from en<u>e</u>my hands, from the grip of <u>all</u> who hate us.

The Lord favored our ancestors recalling the sa<u>cred</u> covenant, the pledge to our an<u>ces</u>tor Abraham, to free us <u>from</u> our enemies, —

so we might worship without fear and be holy and just <u>all</u> our days.

And you, child, will be called Prophet of the <u>Most</u> High, for you will come to prepare a pathway <u>for</u> the Lord by teaching the peo<u>ple</u> salvation through forgiveness <u>of</u> their sin.

Out of God's deep<u>est</u> mercy a dawn will come <u>from</u> on high, light for those shad<u>owed</u> by death, a guide for our feet on the <u>way</u> to peace.

Doxology



All (bow) Glory to the Father, and to **the** Son, and to the **Ho**ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

Intercessions

Our Father

CONCLUDING PRAYER

Monday Evening Prayer

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

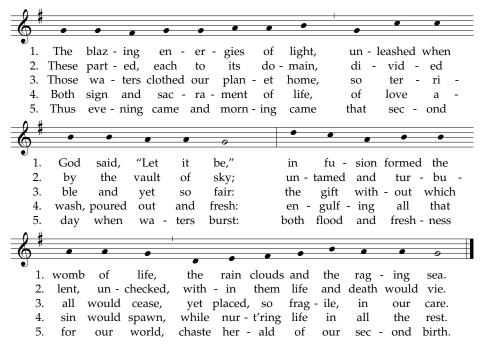
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

The Blazing Energies of Light



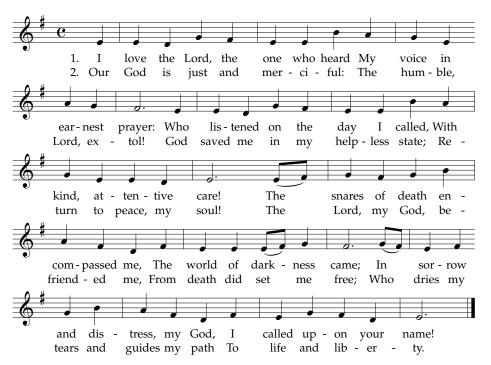
Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved.

Used with permission.

Music: TALLIS CANON, LM; Thomas Tallis, c. 1505-1585.

HYMN [Weeks 5, 13, 21, 29]

I Love the Lord



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers & Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 11

(Recited, if not a Memorial)



Antiphon The Lord watches the earth and looks tenderly on those who are poor.

2 Choirs

I have taken shel<u>ter</u> in God, so how can you <u>say</u> to me: "Go, fly like a bird <u>to</u> the hills, for the wicked <u>bend</u> their bows,

lock their arrows <u>on</u> the string to shoot the just <u>from</u> the shadows. When the world <u>falls</u> apart, what can the good <u>hope</u> to do?"

God dwells in his <u>ho</u>ly temple, the heavens <u>hold</u> God's throne; the Lord watch<u>es</u> the earth, eyes fixed <u>on</u> all nations,

weighing both right<u>eous</u> and wicked, reject<u>ing</u> the violent.
God sends a <u>rain</u> of fire, allots them a <u>scorch</u>ing wind.

The <u>Lord</u> loves justice, the just will <u>see</u> God's face.

Psalm 15



Antiphon The pure of heart **shall** see God.

Los limpios de corazón ver**án** a Dios.

Cantor/All

Señor, ¿quién puede residir en <u>tu</u> santuario?, ¿quién puede habitar en tu <u>san</u>to monte?

Lord, who is welcome in your house? Who can rest on your holy mountain?

Those who walk with integrity and do only **what** is right, speaking the **truth** with courage.

el que no habla <u>mal</u> de nadie; el que no hace daño a su amigo ni ofende a **su** vecino;

They disdain the godless, but honor those **who** believe. Before God, they give their word and keep it at **an**y cost.

el que presta su dinero sin exigir intereses;

el que no acepta soborno en contra del <u>i</u>nocente.

El que así vive, ja<u>más</u> caerá.

Sólo el que vive sin tacha y practica la justicia; el que dice la verdad de todo corazón;

They never spread slander or abuse their friends or condemn their neighbors.

el que mira con desprecio a quien desprecio merece, pero honra a quien honra al Señor; el que cumple sus promesas aunque le vaya mal;

They neither lend for gain nor take bribes against the guiltless. These are the just: they stand for ever unshaken.

Ephesians 1:3-10

Please stand for this canticle of praise.





Antiphon God determined <u>out</u> of love to adopt us through <u>Je</u>sus Christ.

2 Choirs

Bless God, the Father of our Lord Jesus Christ, who blessed us from heaven through Christ with every blessing of the spirit.

Before laying the **world's** foundation, God chose us in Christ to live a pure and **ho**ly life.

God determined <u>out</u> of love to adopt us through <u>Je</u>sus Christ for the praise and glory <u>of</u> that grace granted us in <u>the</u> Beloved.

By Christ's blood we were redeemed, our sins forgiven through extravagant love.

With perfect wisdom and insight
God freely displayed the mystery
of what was always intended: a plan for the fullness of time to unite the entire universe through Christ.

PSALMODY DOXOLOGY

TONE 2



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ever. Amen.

READING (be seated)

CANTICLE OF MARY (stand)



Antiphon Holy the name of the Lord! Whose mercy embraces the faithful.

2 Choirs

I acclaim the greatness of the Lord, The mighty arm of God I delight in **God** my savior, who regarded my **hum**ble state. Truly from this day on all ages will call me blest.

For God, wonder<u>ful</u> in power, has used that **strength** for me. Holy the name of the Lord! one generation to the next.

scatters the proud in **their** conceit, pulls tyrants from their thrones, and raises **up** the humble. The Lord **fills** the starving and lets the <u>rich</u> go hungry.

God rescues <u>low</u>ly Israel, recalling the promise of mercy, whose mercy embraces the faithful, the promise made **to** our ancestors, to Abraham's heirs for ever.

Doxology





All (bow) Glory to the Father, and **to** the Son, and to the **Ho**ly Spirit: (upright) as it was in the beginning, is now, and will be for ever. Amen.

Intercessions OUR FATHER Concluding Prayer

Tuesday Morning Prayer

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

O Sister Dawn, How Light Your Touch

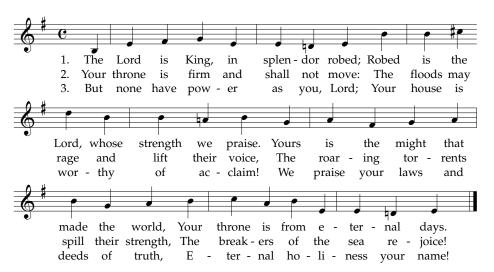


Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission.

Music: PROSPECT, LM; William Walker's The Southern Harmony, 1854.

HYMN [Weeks 5, 13, 21, 29]

The Lord Is King



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers & Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 24



Antiphon Whoever **has** integrity shall climb the mountain of God.

2 Choirs

God owns this planet and <u>all</u> its riches.
The earth and every creature be<u>long</u> to God.

God set the land on top **of** the seas and anchored it **in** the deep.

Who is fit to <u>climb</u> God's mountain and stand in his <u>ho</u>ly place?

Whoever <u>has</u> integrity: not chasing shadows, not <u>liv</u>ing lies.

God will bless them, their savior <u>will</u> bring justice. These people long to see the Lord, they seek the face of <u>Ja</u>cob's God. Stretch toward heaven, you gates, open <u>high</u> and wide. Let the glorious <u>sove</u>reign enter.

Who is this **splen**did ruler? The Lord of power and might, the conquer**or** of chaos.

Stretch toward heaven, you gates, open <u>high</u> and wide. Let the glorious <u>sove</u>reign enter.

Who is this **splen**did ruler? The Lord of heaven's might, this splendid ruler is God.

Tobit 13:3-6



Antiphon Bless the **Lord** of justice. Bendigan al Señor de **la** justicia.

Cantor/All

Celébrenlo ustedes, israelitas, ante <u>los</u> paganos, porque él nos dispersó <u>en</u>tre ellos. Praise God, Israel, among the nations where you are scattered.

Announce God's greatness wherev<u>er</u> you are. Extol the <u>Lord</u> to everyone: the Lord <u>is</u> our God, who fathered us, <u>God</u> for ever.

Allí les mostró su grandeza. Denle gloria delante de todos los vivientes. Porque él es nuestro Señor y Dios, nuestro Padre eternamente.

Nos azotará por nues<u>tros</u> delitos, pero se compadece<u>rá</u> de nuevo, y nos reunirá entre <u>los</u> paganos por donde los <u>dis</u>persó.

Once God punished you, because you did wrong. Now God comforts all of you and gathers you from the nations where you have been scattered.

When you turn your <u>heart</u> and mind to live rightly <u>be</u>fore God, then God will <u>turn</u> to you and never <u>hide</u> again.

Si se convierten a él de todo corazón y con toda el alma, siendo sinceros con él, entonces él se volverá a ustedes y no les ocultará su rostro.

Miren cómo los va <u>a</u> tratar y celébrenlo <u>en</u> voz alta. Bendigan al Señor de la justicia me confie<u>so</u> a él: y glorifiquen al Rey <u>de</u> los siglos.

Match your praise to all God has done for you. Bless the Lord of justice, who rules for ever.

Psalm 33

Please stand for this psalm of praise.

TONE 1



Antiphon Lovers of justice, shout joy to the Lord.

2 Choirs

Shout joy to the Lord, lovers of justice, how right to praise! Praise God on the harp, with ten-string lyre sing to the Lord.

Sing God <u>a</u> new song. Play music to match your <u>shout</u> of joy.

For the word of the <u>Lord</u> is true: what God <u>says</u>, God does.
This lover of <u>truth</u> and justice fills the <u>earth</u> with love.

God speaks: the heav<u>ens</u> are made;
God breathes: the <u>stars</u> shine.
God bottles the waters <u>of</u> the sea and stores them <u>in</u> the deep.

All earth, **be** astounded, stand in **awe** of God. God speaks: **the** world is; God commands: all **things** appear.

God blocks the plans of nations, disrupts all **they** contrive. —

But God's plan and designs last from <u>age</u> to age.
Blest the land whose god
<u>is</u> the Lord,
the heirs whom **God** has chosen.

The Lord looks down and sees our <u>hu</u>man kind. From heaven God surveys all peo<u>ples</u> on earth. The maker of <u>hu</u>man hearts knows every <u>hu</u>man act.

Armies do <u>not</u> save kings, brute force does <u>not</u> spare soldiers. The warhorse <u>is</u> a sham; despite its power, it <u>will</u> not save.

God keeps a loving eye on all **who** believe, on those who **count** on God to bring re**lief** from famine, to rescue **them** from death.

With all we are, we <u>wait</u> for God, the Lord, our <u>help</u>, our shield. Our hearts find joy in the Lord; we trust God's <u>ho</u>ly name. Love us, Lord! We <u>wait</u> for you.

PSALMODY DOXOLOGY

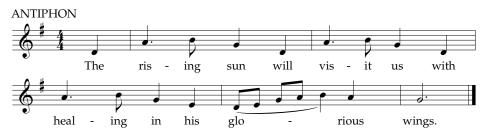
PSALMODY DOXOLOGY



- *All (bow)* Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:
- (*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF ZECHARIAH (stand)



Refrain text and music: J. Michael Joncas, © 1979, GIA Publications, Inc. All rights reserved. Reprinted with permission under license #A-712825, OneLicense.net.

Week I



2 Choirs

Praise the Lord, the <u>God</u> of Israel, who shepherds the people and <u>sets</u> them free.

God raises from David's house a child with **power** to save. Through the holy prophets God promised in **ag**es past to save us from en**e**my hands, from the grip of **all** who hate us.

The Lord favored our ancestors recalling the <u>sa</u>cred covenant, the pledge to our an<u>ces</u>tor Abraham, to free us <u>from</u> our enemies, —

so we might worship without fear and be holy and just <u>all</u> our days.

And you, child, will be called Prophet of <u>the</u> Most High, for you will come to prepare a pathway <u>for</u> the Lord by teaching the people salvation through forgiveness <u>of</u> their sin.

Out of God's <u>deep</u>est mercy a dawn will come <u>from</u> on high, light for those shad<u>owed</u> by death, a guide for our feet on the <u>way</u> to peace.

Doxology





All (bow) Glory to the Father, and to the Son, and to the Holy Spirit:(upright) as it was in the beginning, is now, and will be for ever. Amen.

(refrain to Canticle of Zechariah)

Intercessions
Our Father
Concluding Prayer

Tuesday Evening Prayer

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

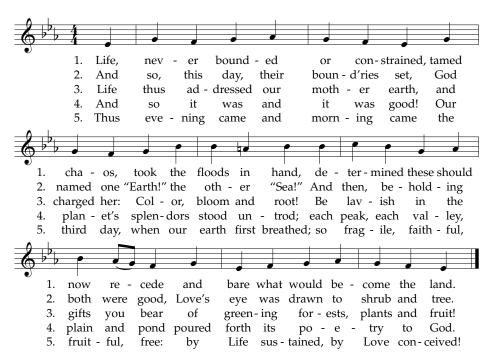
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Life, Never Bounded or Constrained



Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission.

Music: DUGUET, LM; attr to Abbé Dieudonne Duguet, 1794-1849.

HYMN [Weeks 5, 13, 21, 29]

Toyembela Nzambe ~ Let us sing for God



Text: Lingala

Translation:

Refrain:

Together, let us sing for God. (X2)

He is our Father and our great healer. (X2)

Verses:

- 1. Let us praise God for he did great things; let us praise him by this song.
- 2. Let us bring together drums and other instruments; let everything praise the Lord God.
- 3. Let us sing, let us sing; children of the Lord, we are all gathered.
- 4. Why would we not sing; everything we have, we have received from him.

PSALMODY (be seated)

Psalm 20

TONE 7



Antiphon The anointed of the Lord is **giv**en victory. God favors him from **high**est heaven.

2 Choirs

God defend **you** in battle!
set you safe a**bove** the fray!
The God of Jacob **send** you help,
and from holy Zion, **keep** you strong!

May God recall your <u>man</u>y gifts and be pleased <u>with</u> your sacrifice, favoring <u>all</u> your hopes, making your <u>plans</u> succeed.

Then we will sing <u>of</u> your conquest, raise the <u>flags</u> in triumph, to proclaim the name <u>of</u> our God who grants <u>all</u> you ask.

Now I **know** for certain: the anointed of the Lord is **giv**en victory.
God favors him from **high**est heaven with a strong, **sav**ing hand.

Some boast of chariots and horses, but we boast of God's name. They waver and fall, but we stand firm.

Lord, give victory **to** your king, answer us on the **day** we call.

Psalm 21 (Recited, if not a Memorial)



Antiphon Rejoice in your victory, Lord; we sing and praise your strength.

2 Choirs

Lord, the king triumphs with your help, exults in the victory you gave; you granted what he hoped for, accomplished what he asked.

You handed <u>him</u> this blessing and crowned <u>him</u> with gold; he begged only <u>to</u> be spared, but you multip<u>lied</u> his years.

All his glory is in your victory, for you invest him with <u>royal</u> splendor, confer on him lasting blessings, and give him joy <u>in</u> your presence. The king relies on <u>the</u> Most High; God's love be<u>comes</u> his strength.

Your hands search out your enemies, uncover <u>all</u> who hate you; you burn them with your anger, consume them in your <u>fie</u>ry blaze. Your fury swallows them, the <u>fire</u> devours them; you purge them from the land and leave <u>them</u> no offspring.

For they plotted and schemed against you, but their evil did **not** succeed; you made them turn and run from the deadly aim **of** your arrows.

Rejoice in your vic<u>to</u>ry, Lord! We sing and <u>praise</u> your strength.

Revelation 4:11;5:9-10, 12

Please stand for this canticle of praise.



Antiphon Christ Jesus, your blood pur<u>chased</u> for God every tribe, language, peop<u>le</u> and nation.

2 Choirs

Worthy are you, Lord God, to receive glory, hon<u>or</u> and power, for you are creator and <u>source</u> of all.

Worthy are **you**, O Christ, to take the scroll and **break** the seals, for you were slain and your blood pur**chased** for God every tribe, language, people and nation.

You made them royal priests to <u>serve</u> our God, and they will <u>rule</u> on earth.

Worthy is the slaughtered Lamb, worthy of power and wealth, wisdom and strength, honor and glory and praise.

PSALMODY DOXOLOGY

TONE 2



All (bow) Glory to the Father, and to the Son, and to the Holy Spirit:(upright) as it was in the beginning, is now, and will be for ever. Amen.

READING (be seated)

CANTICLE OF MARY (stand)



Antiphon I delight in <u>God</u> my savior, who regarded my <u>hum</u>ble state.

Alternate English and Spanish (as you are able)

I acclaim the greatness
of the Lord,
I delight in God my savior,
who regarded my humble state.
Truly from this day on
all ages will call me blest.

Proclama mi alma la grandeza del Señor, se alegra mi espíritu en Dios me salvador; porque ha mirado la humillación de su esclava.

Desde ahora me felicitarán todas las ge<u>ne</u>raciones, porque el Poderoso ha hecho obras gran<u>des</u> por mí: su nombre es santo, y su misericordia llega <u>a</u> sus fieles de generación en ge<u>ne</u>ración.

For God, wonderful in power, has used that strength for me. Holy the name of the Lord! whose mercy embraces the faithful, one generation to the next.

The mighty arm of God scatters the proud in their conceit, pulls tyrants from their thrones, and raises up the humble. The Lord fills the starving and lets the rich go hungry.

Él hace proezas con su brazo: dispersa a los soberbios de corazón, derriba del trono a los poderosos y enaltece a los humildes, a los hambrientos los colma de bienes y a los ricos los despide vacíos.

Auxilia a Isra<u>el</u>, su siervo, acordándose de su mi<u>se</u>ricordia, como lo había prometido a <u>nues</u>tros padres, en favor de Abrahán y su descenden<u>cia</u> por siempre. God rescues lowly Israel, recalling the promise of mercy, the promise made to our ancestors, to Abraham's heirs for ever.

Doxology

TONE 11



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

Intercessions
Our Father
Concluding Prayer

Wednesday Morning Prayer

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

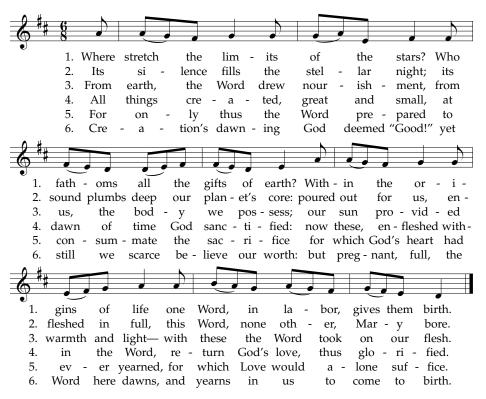
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Where Stretch the Limits of the Stars?

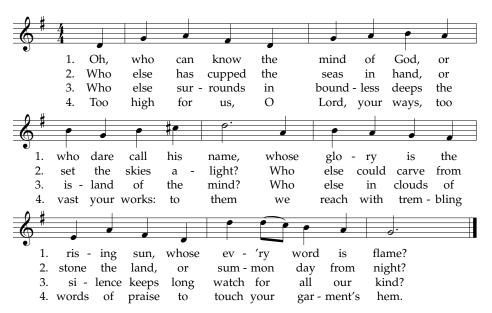


Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved.

Music: Becket Senchur, OSB; Copyright © 1988, St. Vincent Archabbey, Latrobe, PA 15650. All rights reserved. Reprinted with permission.

HYMN [Weeks 5, 13, 21, 29]

Oh, Who Can Know the Mind of God



Text: Genevieve Glen, OSB, b. 1945, © 1998, The Benedictine Nuns of the Abbey of St. Walburga. Published by OCP Publications. All rights reserved. Reprinted with permission under LicenSingOnline, #607576.
Music: ST. MAGNUS, CM; attr. to Jeremiah Clarke, 1659-1707.

PSALMODY (be seated)

Psalm 36



Antiphon God, you are the **fount** of life, you give us light **and** we see.

2 Choirs

Sin whispers <u>with</u> the wicked, shares its evil, <u>heart</u> to heart. These sinners shut their eyes to all <u>fear</u> of God. They refuse to see their sin, to know <u>it</u> and hate it.

Their words ring <u>false</u> and empty, their plans neglect <u>what</u> is good. They daydream of evil, plot their <u>crook</u>ed ways, seizing on all <u>that</u> is vile.

Your mercy, Lord, **spans** the sky; your faithfulness soars a**mong** the clouds.
Your integrity towers like a mountain; your justice runs deeper **than** the sea.
Lord, you embrace all life: —

How we prize your <u>ten</u>der mercy!

God, your people seek shelter, safe in the warmth of your wings.

They feast at your full table, slake their thirst in your cool stream, for you are the fount of life, you give us light and we see.

Grant mercy always <u>to</u> your own,
victory to <u>hon</u>est hearts.
Keep the proud from trampling me,
assaulting me with <u>wick</u>ed hands.
Let those sinners collapse,
struck down, nev<u>er</u> to rise.

Judith 16:2-3a, 13-15

(Recited, if not a Memorial)



Antiphon Grandeur and glory are *yours*, Lord, with power that asto<u>nish</u>es all.

2 Choirs

Shake tambourines! *Clash* cymbals! Strike up a song <u>to</u> my God! Sound a new mu<u>sic</u> of praise! Praise and call **on** God's name!

I sing my God a <u>fresh</u> new song: "Grandeur and glory are <u>yours</u>, Lord, with power that asto<u>nish</u>es all; no rival can <u>match</u> your might.

"Let all creation <u>bend</u> to you: for you spoke, and <u>they</u> took shape; you breathed, they <u>came</u> alive. No one can re<u>sist</u> your voice.

"Mountain peak and <u>o</u>cean depth quake to their <u>in</u>most core. Rocks melt like wax when <u>you</u> appear, while you spare those who <u>stand</u> in awe."

Psalm 47

Please stand for this psalm of praise.



Antiphon Sing out your praise to God, to the king, sing out your praise.

2 Choirs

All peoples, clap your hands, shout your **joy** to God. For God Most High is awesome, great king of **all** the earth.

The One who conquers peoples and sets them <u>at</u> our feet chooses for beloved Jacob a land to <u>be</u> our pride.

God ascends the mountain all the powers on earth to cheers and <u>trum</u>pet blasts. — belong to <u>God</u> on high.

Sing out your praise to God, to the king, sing **out** your praise.

For God rules the earth; sing praise with <u>all</u> your skill. God rules over nations, high on the <u>sa</u>cred throne.

Foreign rulers join the people of A<u>bra</u>ham's God; all the powers on earth belong to <u>God</u> on high.

PSALMODY DOXOLOGY

TONE 2



All (bow) Glory to the Father, and **to** the Son, and to the **Ho**ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF ZECHARIAH (stand)



Antiphon Show us your <u>mer</u>cy, Lord; remember your <u>ho</u>ly covenant.

Alternate English and Spanish (as you are able)

Praise the Lord, the <u>God</u> of Israel, who shepherds the people and <u>sets</u> them free.

Nos ha dado un poderoso Salvador en la Casa de Da**vid**, su siervo, como había prometido desde antiguo por boca de sus san**tos** profetas: para salvarnos de nuestros **e**nemigos, y del poder de cuan**tos** nos odian,

The Lord favored our ancestors recalling the <u>sa</u>cred covenant, the pledge to our an<u>ces</u>tor Abraham.

to free us **from** our enemies, so we might worship without fear and be holy and just **all** our days.

Y a ti, niño, te llamarán profeta <u>del</u> Altísimo, porque caminarás delante del Señor, preparándole <u>el</u> camino; anunciando a su pueblo la <u>sal</u>vación por el perdón de <u>los</u> pecados.

Bendito el Señor, Dios de Israel, porque se ha ocupado de rescatar a su pueblo.

God raises from David's house a child with power to save. Through the holy prophets God promised in ages past to save us from enemy hands, from the grip of all who hate us.

manifestando su bondad a nuestros padres y recordando su alianza sagrada, lo que juró a nuestro padre Abrahán, que nos concedería, ya liberados del poder enemigo, lo sirvamos sin temor en su presencia, con santidad y justicia toda la vida.

And you, child, will be called Prophet of the Most High, for you will come to prepare a pathway for the Lord by teaching the people salvation through the forgiveness of their sin.



Out of God's <u>deep</u>est mercy a dawn will come <u>from</u> on high, light for those sha<u>dowed</u> by death, a guide for our feet on the <u>way</u> to peace. Por la entrañable misericordia de nuestro Dios, nos visitará desde lo alto un amanecer que ilumina a los que habitan en tinieblas y en sombras de muerte, que endereza nuestros pasos por un camino de paz.

Doxology



All (bow) Glory to the Father, and **to** the Son, and to the **Ho**ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

Intercessions
Our Father
Concluding Prayer

Wednesday Evening Prayer

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

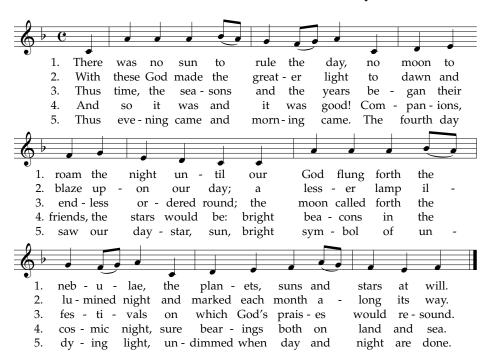
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

There Was No Sun to Rule the Day



Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission.

Music: CANONBURY, LM; Robert Schumann, 1810-1856.

HYMN [Weeks 5, 13, 21, 29]

O Lord, Remember David



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 27:1-6



Antiphon The Lord is my light and <u>my</u> salvation, of whom should I <u>be</u> afraid?

2 Choirs

The Lord is my saving light; whom **should** I fear? God is my fortress; what **should** I dread?

When the violent come at me to eat **me** alive, a mob eager to kill: they waver, **they** collapse.

Should battalions lay siege, I <u>will</u> not fear; should war rage against me, even then <u>I</u> will trust.

One thing I ask the Lord, one **thing** I seek: —

to live in the house of God every day <u>of</u> my life, caught up <u>in</u> God's beauty, at prayer <u>in</u> his temple.

The Lord will <u>hide</u> me there, hide my life <u>from</u> attack: a sheltering <u>tent</u> above me, a firm <u>rock</u> below.

I am now **be**yond reach of those **who** besiege me. In his temple I will offer a **joy**ful sacrifice, I will play and **sing** to God.

Psalm 27:7-14



Antiphon I look for your <u>face</u>, O Lord. Busco tu presen<u>cia</u>, Señor.

Cantor/All

A ti clamo, Se<u>n</u>or: escúchame. Ten compasión de <u>mí</u>, ¡respóndeme! El cora<u>zón</u> me dice: "Busca la presencia <u>del</u> Señor."

O God, listen to me; be gracious, answer me. Deep within me a voice says, "Look for the face of God!"

So I look for your face, I beg you <u>not</u> to hide. Do not shut me out in anger, help <u>me</u> instead. Y yo, Señor, busco tu presencia. ¡No te escondas de mí! ¡No me rechaces con ira! ¡Mi única ayuda eres tú!

No me dejes solo y <u>sin</u> amparo, pues tú eres mi Dios y <u>sal</u>vador. Aunque mi padre y mi madre <u>me a</u>bandonen, tú, Señor, te harás car<u>go</u> de mí. Do not abandon or desert me, my savior, my God. If my parents rejected me, still God would take me in.

Teach me <u>how</u> to live, lead me on the right road away <u>from</u> my enemies. Do not leave me <u>to</u> their malice; liars breathing violence rise to <u>swear</u> against me. Señor, muéstrame tu camino; guíame por el buen camino a causa de mis enemigos; no me entregues a su voluntad, pues se han levantado contra mí testigos falsos y violentos.

Pero yo estoy convencido de que llegaré a ver la bondad <u>del</u> Señor a lo largo de <u>es</u>ta vida. ¡Ten confianza en el Señor! ¡Ten valor, no te <u>de</u>sanimes! ¡Sí, ten confianza en <u>el</u> Señor! I know I will see how good God is while I am still alive. Trust in the Lord. Be strong. Be brave. Trust in the Lord.

Colossians 1:12-20

Please stand for this canticle of praise.



Antiphon Christ has primacy in <u>all</u> creation and is in <u>all</u> things first.

2 Choirs

Give thanks <u>to</u> the Father, who made us fit for the holy communi<u>ty</u> of light and rescued us from darkness, bringing us into the realm of his be<u>lov</u>ed Son who redeemed us, forgiv<u>ing</u> our sins.

Christ is the image of the God we <u>can</u>not see.
Christ is firstborn in <u>all</u> creation.

Through Christ the universe was made, things seen and unseen, thrones, authorities, <u>for</u>ces, powers.

Everything <u>was</u> created through Christ <u>and</u> for Christ.

Before anything came to **be**, Christ was,

and the universe is held togeth<u>er</u> by Christ.

Christ is also head of the body, the church, its beginning as firsthorn from the

its beginning as firstborn <u>from</u> the dead

to become in <u>all</u> things first.

For by <u>God's</u> good pleasure Christ encompasses the full mea<u>sure</u> of power, reconciling creation <u>with</u> its source and making peace by the blood <u>of</u> the cross.

PSALMODY DOXOLOGY

Tone 2

All (bow) Glory to the Father, and **to** the Son, and to the **Ho**ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF MARY (stand)

TONE 11



Antiphon The Almighty has done great things for me; holy **is** God's name.

2 Choirs

I acclaim the greatness of the Lord, The mighty arm of God I delight in **God** my savior, who regarded my **hum**ble state. Truly from this day on all ages will call me blest.

For God, wonder<u>ful</u> in power, has used that **strength** for me. Holy the name of the Lord! one generation to the next.

scatters the proud in their conceit, pulls tyrants from their thrones, and raises **up** the humble. The Lord **fills** the starving and lets the <u>rich</u> go hungry.

God rescues <u>low</u>ly Israel, recalling the promise of mercy, whose mercy embraces the faithful, the promise made to our ancestors, to Abraham's heirs for ever.

Doxology

TONE 11



All (bow) Glory to the Father, and **to** the Son, and to the **Ho**ly Spirit:

(upright) as it was in the beginning, is now, and will be for ever. Amen.

Intercessions OUR FATHER CONCLUDING PRAYER

THURSDAY MORNING PRAYER

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

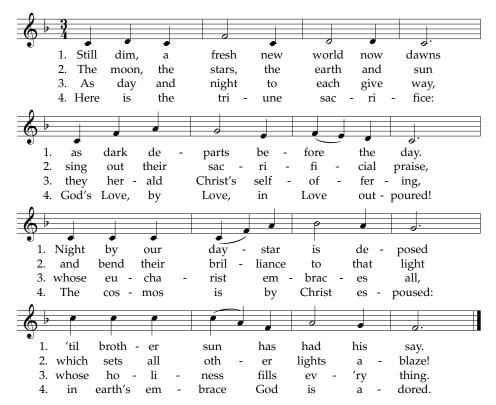
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Still Dim, A Fresh New World Now Dawns

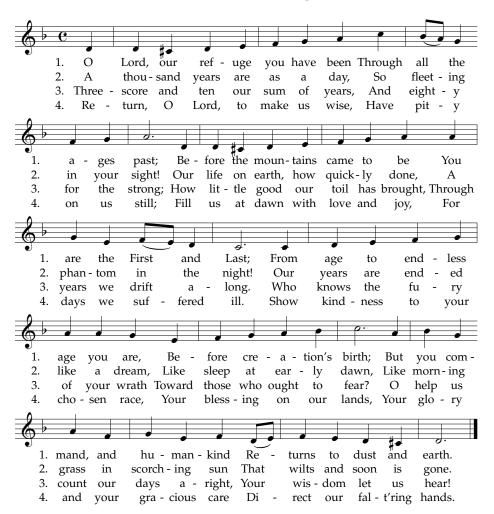


Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission.

Used with permission.
Music: WERNER, LM; Anthony Werner, fl. 1863.

HYMN [Weeks 5, 13, 21, 29]

O Lord, Our Refuge



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers & Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 57

(Recited, if not a Memorial)



Antiphon Awake, my **harp** and lyre, so I can wake **up** the dawn!

2 Choirs

Care for me, <u>God</u>, take care of me, I have nowhere <u>else</u> to hide. Shadow me <u>with</u> your wings until all <u>danger</u> passes.

I call to <u>the</u> Most High, to God, <u>my</u> avenger: send help from heav<u>en</u> to free me, punish <u>those</u> who hound me.

Extend to me, O God, your love that **nev**er fails, for I find myself among lions who crave for **hu**man flesh, their teeth like **spears** and arrows, their tongues **sharp** as swords.

O God, rise high a**bove** the heavens!
Spread your glory a**cross** the earth!

They rigged a <u>net</u> for me, a trap to <u>bring</u> me down; they dug a <u>pit</u> for me, but they — <u>they</u> fell in!

I have decid<u>ed</u>, O God, my deci<u>sion</u> is firm: to you I will <u>sing</u> my praise. Awake, my <u>soul</u>, to song!

Awake, my harp and lyre, so I can wake **up** the dawn! I will lift my voice in praise, sing of you, Lord, **to** all nations. For your love reaches **heav**en's edge, your unfailing **love**, the skies.

O God, rise high a**bove** the heavens!
Spread your glory a**cross** the earth!

Jeremiah 31:10-14



Antiphon God gathers the <u>scat</u>tered flock, guides Israel <u>like</u> a shepherd.

2 Choirs

Nations! <u>Hear</u> God's word, tell your <u>dis</u>tant shores, "God gathers the <u>scat</u>tered flock, guides Israel <u>like</u> a shepherd."

The Lord has saved **Ja**cob's people, loosened the enemy's grip. They reach Zion shout**ing** for joy, thrilled with the good**ness** of God:

they see grain and <u>oil</u> and wine, new lambs <u>and</u> young calves; they thrive like a <u>wa</u>tered garden never to with<u>er</u> again.

Young girls break <u>in</u>to dance, the young and <u>old</u> join in, for I turn their <u>grief</u> to laughter, ease their sor<u>row</u> with joy.

I serve my **priests** rich food, I fill my peop<u>le</u> with plenty.

Psalm 48

Please stand for this psalm of praise.



Antiphon In your **tem**ple, Lord, we recall your **con**stant love.

2 Choirs

Our great Lord deserves great praise in the city of God:

Holy mountain, beautiful height, crown <u>of</u> the earth!
Zion, highest of sacred peaks, city of <u>the</u> Great King!
God enthroned <u>in</u> its palaces becomes our <u>sure</u> defense!

Watch the foreign kings massing **to** attack; seeing what they face, they **flee** in terror.

Trembling grips them, anguish like childbirth, fury like an east wind shattering a merchant fleet.

What we see matches what we were told, —

"This is the city the Lord protects; our God is **strong** for ever." In your **tem**ple, Lord, we recall your **con**stant love.

Your praise, like your name, fills **the** whole world.
Your right hand **holds** the victory.
Mount Zion and the ci**ties** of Judah rejoice **at** your justice.

March around Zion, make the circuit, count each tower. Ponder these walls, observe these citadels,

so you may tell your children: "Here is God!
Our <u>God</u> for ever!
God who leads us
even ag<u>ainst</u> death!"

PSALMODY DOXOLOGY

TONE 2

- *All (bow)* Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:
- (*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF ZECHARIAH (stand)



The English translation of the Benedictus prepared by the English Language Liturgical Consultation (ELLC), 1988. Music of antiphon: Pedro Rubalcava, © 2002, Pedro Rubalcava. Published by OCP Publications. All rights reserved. Reprinted with permission under LicenSingOnline, #U10230.





Alternate English and Spanish (as you are able)

Praise the Lord, the <u>God</u> of Israel, who shepherds the people and <u>sets</u> them free.

Nos ha dado un poderoso Salvador en la Casa de Da<u>vid</u>, su siervo, como había prometido desde antiguo por boca de sus san<u>tos</u> profetas: para salvarnos de nuestros <u>e</u>nemigos, y del poder de cuan<u>tos</u> nos odian,

The Lord favored our ancestors recalling the <u>sa</u>cred covenant, the pledge to our an<u>ces</u>tor

Abraham.

to free us <u>from</u> our enemies, so we might worship without fear and be holy and just <u>all</u> our days.

Y a ti, niño, te llamarán profeta <u>del</u> Altísimo, porque caminarás delante del Señor, preparándole <u>el</u> camino; anunciando a su pueblo la <u>sal</u>vación por el perdón de <u>los</u> pecados.

Out of God's <u>deep</u>est mercy a dawn will come <u>from</u> on high, light for those sha<u>dowed</u> by death, a guide for our feet on the <u>way</u> to peace. Bendito el Señor, Dios de Israel, porque se ha ocupado de rescatar a su pueblo.

God raises from David's house a child with power to save. Through the holy prophets God promised in ages past to save us from enemy hands, from the grip of all who hate

manifestando su bondad a nuestros padres y recordando su alianza sagrada, lo que juró a nuestro padre Abrahán, que nos concedería, ya liberados del poder enemigo, lo sirvamos sin temor en su presencia, con santidad y justicia toda la vida.

And you, child, will be called Prophet of the Most High, for you will come to prepare a pathway for the Lord by teaching the people salvation through the forgiveness of their sin.

Por la entrañable misericordia de nuestro Dios, nos visitará desde lo alto un amanecer que ilumina a los que habitan en tinieblas y en sombras de muerte, que endereza nuestros pasos por un camino de paz.

Doxology

TONE 11



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

(refrain to Canticle of Zechariah)

Intercessions
Our Father
Concluding Prayer

THURSDAY EVENING PRAYER

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

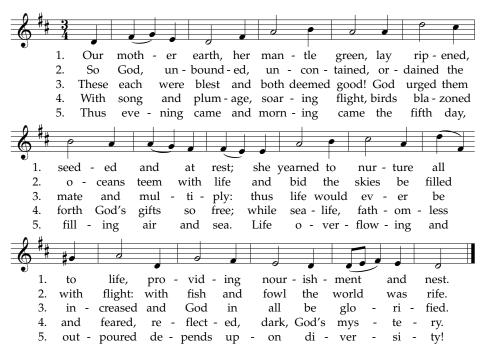
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Our Mother Earth, Her Mantle Green



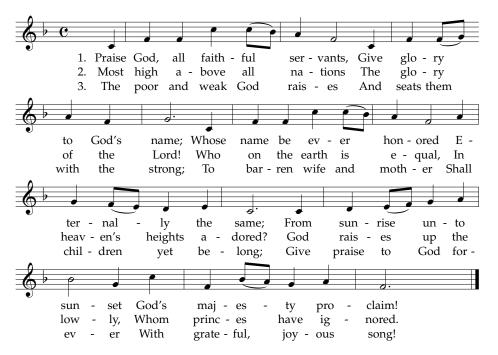
Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved.

Used with permission.

Music: ROCKINGHAM, LM; Second Supplement to Psalmody in Miniature, ca. 1780.

HYMN [Weeks 5, 13, 21, 29]

Praise God, All Faithful Servants



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 30

(Recited, if not a Memorial)



Antiphon How I begged and you <u>healed</u> me, God; for ever <u>I</u> will thank you.

2 Choirs

I give you high praise, for you, Lord, <u>raised</u> me up above my <u>gloating</u> enemy. Lord, how I begged you, and <u>you</u>, God, healed me. You pulled me from the pit, brought me <u>back</u> from Sheol.

Celebrate, all you saints, praise this **awe**some God, whose anger passes quickly, whose mercy **lasts** a lifetime as laughter **fills** a day after one brief **night** of tears.

When all was going well, I thought I could <u>nev</u>er fall; with God's powerful blessing, I would stand <u>like</u> a mountain! Then you <u>hid</u> your face; I <u>shook</u> with fear!

I cried out, "Lord, Lord!"
I <u>begged</u>, I pleaded:
"What good is my blood to you?
Why push me <u>down</u> the pit?
Can dead bones praise you,
recount your un<u>bro</u>ken love?
Listen to me, O God,
turn and <u>help</u> me now."

You changed my anguish into this joyful dance, pulled off my sackcloth, gave me bright new robes, that my life might sing your glory, never silent in your praise. For ever I will thank you, O Lord my God.

Psalm 32



Antiphon Happy <u>the</u> pardoned, in whom God finds no evil, <u>no</u> deceit.

2 Choirs

Happy the pardoned, whose <u>sin</u> is canceled, in whom God finds no evil, <u>no</u> deceit.

While I <u>hid</u> my sin, my bones grew weak from <u>end</u>less groaning.

Day and night, under the weight <u>of</u> your hand, my strength withered as in a <u>sum</u>mer drought.

Then I stopped hiding my sin **and** spoke out, "God, I confess my wrong." **And** you pardoned me.

No wonder the faithful pray to **you** in danger! —

Even a sudden flood will **nev**er touch them.

You, my shelter, you save <u>me</u> from ruin. You encircle me with <u>songs</u> of freedom.

"I show you the **path** to walk. As your teacher, I watch **out** for you.

"Do not be a stubborn mule, needing bridle and bit **to** be tamed." Evil brings grief; trusting in **God** brings love.

Rejoice <u>in</u> the Lord. Be glad and sing, you faith<u>ful</u> and just.

Revelation 11:17-18; 12:10b-12a

Please stand for this canticle of praise.



Antiphon God has given Christ all glory, hon<u>or</u> and praise; every na<u>tion</u> shall serve him.

2 Choirs

We thank you, Lord, God and rul<u>er</u> of all, who is <u>and</u> who was. You have <u>claimed</u> your power and be<u>gun</u> to reign.

When the nations raged your <u>an</u>ger stirred.
Then was the moment to <u>judge</u> the dead, to reward your servants, the prophets, to hon<u>or</u> your holy ones who honored your name, small and <u>great</u> alike.

Now is salvation, the power and <u>reign</u> of God; the Christ <u>holds</u> command. For the one who accused the saints day and night <u>be</u>fore God has now been <u>driven</u> out.

They won the battle by the blood <u>of</u> the Lamb and by the power <u>of</u> their witness despite the <u>threat</u> of death. Citizens of heav<u>en</u>, rejoice.

PSALMODY DOXOLOGY



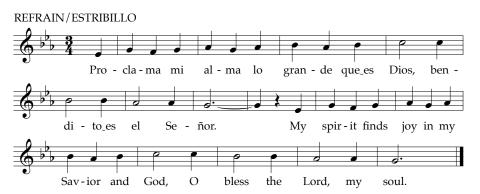
All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in **the** beginning, is now, and will be for ever. Amen.

READING (be seated)



CANTICLE OF MARY (stand)



M'usica: Juan J. Sosa, Pbro., @ 1986, 2000, Juan J. Sosa, Pbro. Obra publicada por OCP Publications. Derechos reservados. Reprinted with permission under LicenSingOnline, #U10230.





Alternate English and Spanish (as you are able)

I acclaim the greatness
of the Lord,
I delight in God my savior,
who regarded my humble state.
Truly from this day on
all ages will call me blest.

Proclama mi alma la grandeza del Señor, se alegra mi espíritu en Dios me salvador; porque ha mirado la humillación de su esclava.

Desde ahora me felicitarán todas las ge<u>ne</u>raciones, porque el Poderoso ha hecho obras gran<u>des</u> por mí: su nombre es santo, y su misericordia llega <u>a</u> sus fieles de generación en ge<u>ne</u>ración.

For God, wonderful in power, has used that strength for me. Holy the name of the Lord! whose mercy embraces the faithful, one generation to the next.

The mighty arm of God scatters the proud in their conceit, pulls tyrants from their thrones, and raises up the humble. The Lord fills the starving and lets the rich go hungry.

Él hace proezas con su brazo: dispersa a los soberbios de corazón, derriba del trono a los poderosos y enaltece a los humildes, a los hambrientos los colma de bienes y a los ricos los despide vacíos.

Auxilia a Isra<u>el</u>, su siervo, acordándose de su mi<u>se</u>ricordia, como lo había prometido a <u>nues</u>tros padres, en favor de Abrahán y su descenden<u>cia</u> por siempre. God rescues lowly Israel, recalling the promise of mercy, the promise made to our ancestors, to Abraham's heirs for ever.

Doxology

TONE 11



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

(refrain to Canticle of Mary)

Intercessions
Our Father
Concluding Prayer

Friday Morning Prayer

Memorial of the Holy Cross The Glorious Cross

CALL TO WORSHIP (stand)

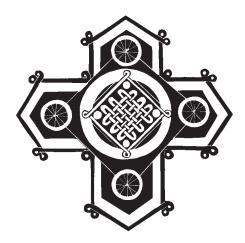
Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Biji ~ The Seed



Text and music: I. B. Sugiharto

Translation:

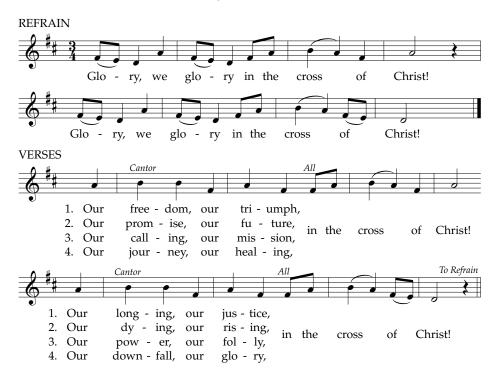
Refrain: If the seed does not die, it remains a seed. But when it is destroyed, it bears abundant fruit.

Verses:

- 1. Once upon a time, Jesus washed the disciples' feet, He was the lowly King without a crown.
- 2. He is a true friend, for our sake he died. Life becomes full of meaning by serving.
- 3. Like chewed bread, Christ strengthens the weak body, just as compost in the soil fertilizes rice fields.
- 4. Those who lose their life, will find it. Those who are the least become the greatest.

HYMN [Weeks 5, 13, 21, 29]

Glory in the Cross



Text and music: Scott Soper, © 1997, GIA Publications, Inc. All rights reserved. Reprinted with permission under license #A-712825, OneLicense.net.

PSALMODY (be seated)

Psalm 51



Antiphon I offer my **shat**tered spirit; a changed **heart** you welcome.

2 Choirs

Have mercy, <u>ten</u>der God, forget that <u>I</u> defied you. Wash a<u>way</u> my sin, cleanse me <u>from</u> my guilt.

I know my <u>e</u>vil well, it stares me <u>in</u> the face, evil done to <u>you</u> alone before your <u>ver</u>y eyes.

How right your <u>con</u>demnation! Your verdict <u>clear</u>ly just. You see me for <u>what</u> I am, a sinner be<u>fore</u> my birth.

You love those cen<u>tered</u> in truth; teach me your <u>hid</u>den wisdom. Wash me <u>with</u> fresh water, wash me <u>bright</u> as snow.

Fill me with <u>happy</u> songs, let the bones you <u>bruised</u> now dance.

Shut your eyes <u>to</u> my sin, make my guilt <u>dis</u>appear.

Creator, re**shape** my heart, God, stea**dy** my spirit. Do not cast **me** aside stripped of your **ho**ly spirit.

Save me, bring <u>back</u> my joy, support me, strength<u>en</u> my will. Then I will <u>teach</u> your way and sinners will <u>turn</u> to you.

Help me, <u>stop</u> my tears, and I will <u>sing</u> your goodness. Lord, <u>give</u> me words and I will <u>shout</u> your praise.

When I of<u>fer</u> a holocaust, the gift <u>does</u> not please you. So I offer my <u>shat</u>tered spirit; a changed <u>heart</u> you welcome.

In your love make **Zi**on lovely, rebuild the walls **of** Jerusalem. Then sacrifice will please you, young bulls up**on** your altar.

Isaiah 45:15-24



Antiphon You, Israel, will nev<u>er</u> be shamed, for your God upholds <u>you</u> for ever.

2 Choirs

You are an unseen God,
O saving God of Israel.
Makers of idols will be shamed
and paraded in disgrace.
But you, Israel, will never be
shamed,
for your God upholds you for ever.

Thus says the Lord, creator <u>of</u> the heavens, God who formed the earth and <u>fixed</u> it firm, not a place of chaos, but <u>good</u> to live in: "I am the Lord. There <u>is</u> no other.

"I did not speak in secret from some dark land.
I did not say to Israel,
'Seek me in chaos.'
I am the Lord.
I speak the truth,
I say what is just.

"Gather togeth<u>er</u>, you exiles, come out <u>from</u> the nations who are foolish enough to pa<u>rade</u> their idols and bow to gods una<u>ble</u> to save.

"Speak out, present your case.
Consult among yourselves.
Who foretold this in ancient times?
Was it not I, the Lord?
There is no other God but me, no God to help and deliver, no one but me.

"Turn to <u>me</u> for rescue, all you in <u>for</u>eign lands, for <u>I</u> am God. There <u>is</u> no other.

"On my word I swear:
I speak only truth
that shall not be revoked.
To me every knee shall bend,
every tongue shall swear:

"From <u>God</u> alone comes victo<u>ry</u> and strength. All who defy the Lord shall stand <u>in</u> disgrace. In the Lord shall Israel tri<u>umph</u> and glory."

Psalm 100

Please stand for this psalm of praise.



Antiphon Enter God's pres<u>ence</u> with joy. Entren a su presen<u>cia</u> con vítores.

Cantor/All

Aclame al Señor, la <u>tier</u>ra entera, sirvan al Señor con <u>a</u>legría, entren a su presen<u>cia</u> con vítores.

Know that the **Lord** is God, our maker to whom **we** belong, our shepherd, and **we** the flock.

Entren por sus puertas dán**do**le gracias, por sus a**trios** con himnos, denle gracias, bendi**gan** su
Nombre:

Indeed the <u>Lord</u> is good! God's love <u>is</u> for ever, faithful from <u>age</u> to age. Shout joy to the Lord, all earth, serve the Lord with gladness, enter God's presence with joy!

Reconozcan que el Señor es Dios, que nuestro Dios es poderoso, nosotros somos su pueblo y ovejas de su rebaño.

Enter the temple gates, the courtyard with thanks and praise; give thanks and bless God's name.

El Señor es bueno, su amor es eterno, su lealtad perdura por generaciones.

PSALMODY DOXOLOGY

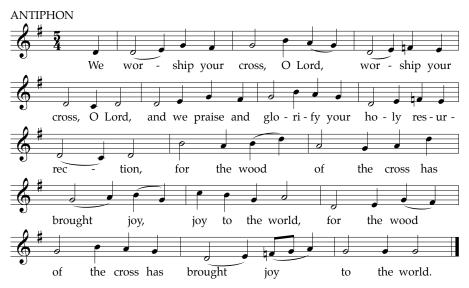


All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

RESPONSORY



 $Music @ 2010 \ by \ The \ Jan \ Michael \ Joncas \ Trust. \ All \ rights \ reserved. \ Commissioned \ for \ the \ 800th \ Jubilee \ of \ the \ Crosier \ Fathers \ and \ Brothers.$

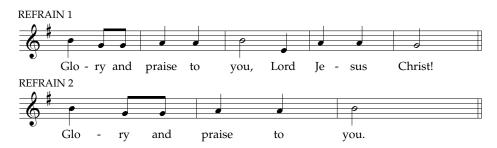
CANTICLE OF ZECHARIAH (stand)

Antiphon The cross is lifted high, a sign of triumph and the glory of God.

INVOCATIONS

Presider

Let us turn to Christ with trust and faith in the power of his cross:



Christ, shown forth in the Body. **R2/.**

Christ, made just in the Spirit. **R2/.**

Christ, who was seen by the angels. R1/.

Christ, proclaimed among the nations. R2/.

Christ, received in faith throughout the whole world. R2/.

Christ, exalted in glory. R1/.

Text and music: Lucien Deiss. Copyright © 1965, 1966, World Library Publications, Franklin Park, IL. www.wlpmusic.com All rights reserved. Used by permission under license #ALC0825081...

Presider

Rejoicing that we may glory in the cross of Christ, let us conclude our prayers with the Lord's Prayer.

Our Father . . .

CONCLUDING PRAYER

Friday Evening Prayer

Memorial of the Holy Cross The Glorious Cross

CALL TO WORSHIP (stand)

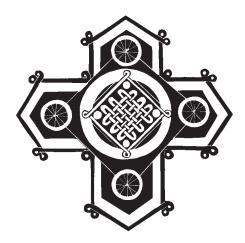
Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

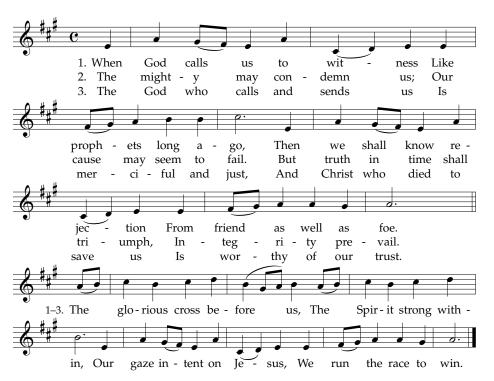
We Glory in the Cross



Text: Delores Dufner, OSB, © 2002, 2003, GIA Publications, Inc. All rights reserved. Reprinted with permission under OneLicense.net #A-712825. Music: TERRA BEATA, 66 86 D; Franklin L. Sheppard, 1852-1930.

HYMN [Weeks 5, 13, 21, 29]

When God Calls Us to Witness



Text: Delores Dufner, OSB, © 1986, 1993, The Sisters of St. Benedict, St. Joseph, MN 56374-0277. Published by OCP Publications. All rights reserved. Reprinted with permission under license #1010230, LicenSingOnline. Music: ELLACOMBE, CMD; Gesangbuch der Herzogl, Wirtembergischen Katholischen Hofkapelle, 1784, alt.

PSALMODY (be seated)

Psalm 41



Antiphon Have mercy <u>on</u> me, God, heal me for <u>I</u> have failed you.

2 Choirs

Blest are those ready to <u>help</u> the poor; in hard times God repays their care.

God watches, protects, blesses them <u>in</u> their land, lets no enemy swal<u>low</u> them up! God comforts them <u>on</u> their sickbed and nurses <u>them</u> to health.

I said, "God, pity me, heal me for <u>I</u> have failed you." Enemies predict the <u>worst</u> for me: "How soon till <u>this</u> one dies, how <u>soon</u> forgotten?"

Visitors all <u>wish</u> me well, but they come seeking bad news to gossip <u>on</u> the street. My enemies whisper and spread the <u>worst</u> about me: "Something fatal has taken hold, this one will <u>not</u> get well."

Even my trusted friend who <u>used</u> to eat with me now <u>turns</u> on me.

Pity me, God, restore me so I can **pay** them back.
Then I will know you favor me when my foes can**not** prevail.
I am inno**cent**; uphold me!
Let me stand with **you** for ever.

Blessed be the Lord, God of Isra<u>el</u> for ever. Amen! *A*men!

Psalm 46



Antiphon The Lord of cosmic power, Jacob's God, will shield us.

2 Choirs

Our sure defense, our shelter and <u>hel</u>p in trouble, God never <u>stands</u> far off.

So we <u>stand</u> unshaken when solid earth cracks and volcanoes slide in<u>to</u> the sea, when <u>break</u>ers rage and mountains tremble <u>in</u> the swell.

The Lord of <u>co</u>smic power, Jacob's <u>God</u>, will shield us.

A river delights the city of God, home of the Holy <u>One</u> Most High. With God there, the city stands; God defends it un<u>der</u> attack. Nations rage, <u>em</u>pires fall. God speaks, <u>earth</u> melts.

The Lord of <u>cos</u>mic power, Jacob's <u>God</u>, will shield us.

Come! See the wonders God does a**cross** the earth: everywhere **stop**ping wars, smashing, **crush**ing, burning all the wea**pons** of war.

An end <u>to</u> your fighting! Acknowledge me as God, high over nations, high <u>o</u>ver earth.

The Lord of <u>co</u>smic power, Jacob's **God**, will shield us.

Revelation 15:3-4

Please stand for this canticle of praise.



Antiphon All nations will gather, bowing <u>low</u> to you. Todas las naciones vendrán y te a<u>do</u>rarán.

Cantor/All

Grande y maravilloso es todo lo que has hecho,
Señor, Dios todo**po**deroso;
rectos y verdaderos son tus caminos, oh Rey de <u>las</u> naciones.

Who would not be moved to glorify your name? For you alone are holy.

todas las naciones vendrán y te a<u>do</u>rarán, porque tus juicios han sido ma<u>ni</u>festados.

All you do stirs wonder, Lord, mighty God. Your ways are right and true, ruler of all nations.

¿Quién no te temerá, oh Señor? ¿Quién no te alabará? Pues solamente tú eres santo;

All nations will gather, bowing low to you, for your saving works are plainly seen.

PSALMODY DOXOLOGY

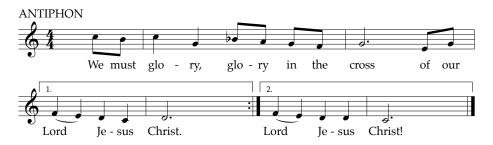


All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(upright) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

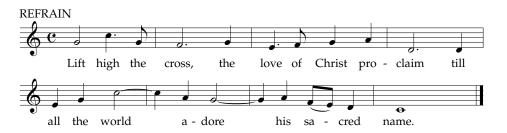
RESPONSORY



 $Music @ 2010 \ by \ The \ Jan \ Michael \ Joncas \ Trust. \ All \ rights \ reserved. \ Commissioned \ for \ the \ 800th \ Jubilee \ of \ the \ Crosier \ Fathers \ and \ Brothers.$

-or-

SOLEMN BLESSING WITH THE HOLY CROSS



Text: George W. Kitchin, 1827-1912; alt. by Michael R. Newbolt, 1874-1956. Music: CRUCIFER, 10 10 with refrain; Sydney H. Nicholson, 1875-1947. Text and music © 1974, Hope Publishing Company, Carol Stream, IL. All rights reserved. Reprinted with permission under license #A-712825, OneLicense.net.

CANTICLE OF MARY (stand)

Antiphon The cross is the altar where the Lamb was slain, the throne where our Savior reigns.

Intercessions Our Father Concluding Prayer

FRIDAY Morning Prayer

Memorial in the Proper of Saints

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

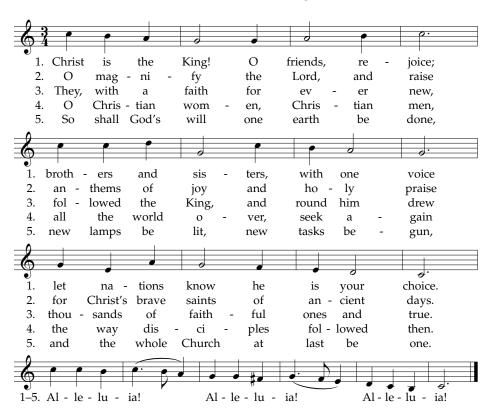
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Christ Is the King



Text: George Kennedy Allen Bell, 1883-1958, alt, © 1933, Oxford University Press. All rights reserved. Reprinted with permission under license #A-712825, OneLicense.net. Music: GELOBT SEI GOTT, LM with alleluia; Melchior Vulpius, ca. 1560-1616

HYMN [Weeks 5, 13, 21, 29]

Upon Your Holy Mountain



Text: Genevieve Glen, OSB, © 2002, Benedictine Nuns, Abbey of St. Walburga. Published by OCP Publications. All rights reserved. Reprinted with permission under license #U10230, LicenSingOnline. Music: AURELIA, 76 76 D, Samuel S. Wesley, 1810-187.

PSALMODY (be seated)

Psalm 51



Antiphon I offer my **shat**tered spirit; a changed **heart** you welcome.

2 Choirs

Have mercy, <u>ten</u>der God, forget that <u>I</u> defied you. Wash a<u>way</u> my sin, cleanse me <u>from</u> my guilt.

I know my **e**vil well, it stares me **in** the face, evil done to **you** alone before your **ver**y eyes.

How right your <u>con</u>demnation! Your verdict <u>clear</u>ly just. You see me for <u>what</u> I am, a sinner be<u>fore</u> my birth.

You love those cen<u>tered</u> in truth; teach me your <u>hid</u>den wisdom. Wash me <u>with</u> fresh water, wash me <u>bright</u> as snow.

Fill me with <u>happy</u> songs, let the bones you <u>bruised</u> now dance. Shut your eyes <u>to</u> my sin,

make my guilt disappear.

Creator, re<u>shape</u> my heart, God, stea<u>dy</u> my spirit. Do not cast <u>me</u> aside stripped of your <u>ho</u>ly spirit.

Save me, bring <u>back</u> my joy, support me, strength<u>en</u> my will. Then I will <u>teach</u> your way and sinners will <u>turn</u> to you.

Help me, **stop** my tears, and I will **sing** your goodness. Lord, **give** me words and I will **shout** your praise.

When I of<u>fer</u> a holocaust, the gift <u>does</u> not please you. So I offer my <u>shat</u>tered spirit; a changed <u>heart</u> you welcome.

In your love make **Zi**on lovely, rebuild the walls **of** Jerusalem. Then sacrifice will please you, young bulls up**on** your altar.

Isaiah 45:15-24



Antiphon You, Israel, will nev<u>er</u> be shamed, for your God upholds <u>you</u> for ever.

2 Choirs

You are an unseen God,
O saving <u>God</u> of Israel.
Makers of idols will be shamed
and paraded <u>in</u> disgrace.
But you, Israel, will nev<u>er</u> be
shamed,
for your God upholds <u>you</u> for ever.

Thus says the Lord, creator <u>of</u> the heavens, God who formed the earth and <u>fixed</u> it firm, not a place of chaos, but <u>good</u> to live in: "I am the Lord.
There <u>is</u> no other.

"I did not speak in secret from <u>some</u> dark land. I did not say to Israel, 'Seek <u>me</u> in chaos.' I <u>am</u> the Lord. I speak the truth, I say <u>what</u> is just.

"Gather togeth<u>er</u>, you exiles, come out <u>from</u> the nations who are foolish enough to pa<u>rade</u> their idols and bow to gods una<u>ble</u> to save.

"Speak out, present your case.
Consult among yourselves.
Who foretold this in ancient times?
Was it not I, the Lord?
There is no other God but me, no God to help and deliver, no one but me.

"Turn to <u>me</u> for rescue, all you in <u>for</u>eign lands, for <u>I</u> am God. There <u>is</u> no other.

"On my <u>word</u> I swear: I speak only truth that shall not <u>be</u> revoked. To me every <u>knee</u> shall bend, every <u>tongue</u> shall swear:

"From <u>God</u> alone comes victo<u>ry</u> and strength. All who defy the Lord shall stand <u>in</u> disgrace. In the Lord shall Israel tri<u>umph</u> and glory."

Psalm 100

Please stand for this psalm of praise.



Antiphon Serve the <u>Lord</u> with gladness. Sirvan al Señor con <u>a</u>legría.

Cantor/All

Aclame al Señor, la <u>tier</u>ra entera, sirvan al Señor con <u>a</u>legría, entren a su presen<u>cia</u> con vítores.

Know that the <u>Lord</u> is God, our maker to whom <u>we</u> belong, our shepherd, and <u>we</u> the flock.

Entren por sus puertas dán**do**le gracias, por sus a**trios** con himnos, denle gracias, bendi**gan** su Nombre:

Indeed the <u>Lord</u> is good! God's love <u>is</u> for ever, faithful from <u>age</u> to age.

Shout joy to the Lord, all earth, serve the Lord with gladness, enter God's presence with joy!

Reconozcan que el Señor es Dios, que nuestro Dios es poderoso, nosotros somos su pueblo y ovejas de su rebaño.

Enter the temple gates, the courtyard with thanks and praise; give thanks and bless God's name.

El Señor es bueno, su amor es eterno, su lealtad perdura por generaciones.

Psalmody Doxology

TONE 1

All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF ZECHARIAH (stand)

Antiphon You have come to your people and set them free.

Intercessions
Our Father
Concluding Prayer

FRIDAY EVENING PRAYER

Memorial in the Proper of Saints

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

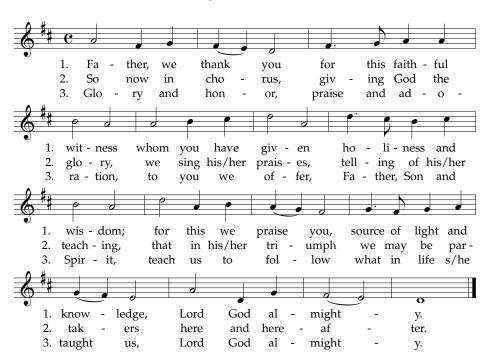
Unless a Grain of Wheat



Text: Tom Enneking, osc, $\,^{'}$ 2012, Crosier Fathers and Brothers. All rights reserved. Music: Ignatius Bambang Sugiharto

HYMN [Weeks 5, 13, 21, 29]

Father, We Thank You



Text: David Wright, OP, © 1989, GIA Publications, Inc. All rights reserved. Reprinted with permission under license AA-712825, OneLicense.net. Music: CHRISTE SANCTORUM, 11 11 15; La Feillée's Méthode du plain-chant, 1782.

PSALMODY (be seated)

Psalm 41



Antiphon Have mercy <u>on</u> me, God, heal me for <u>I</u> have failed you.

2 Choirs

Blest are those ready to <u>help</u> the poor; in hard times God rep<u>ays</u> their care.

God watches, protects, blesses them <u>in</u> their land, lets no enemy swal<u>low</u> them up! God comforts them <u>on</u> their sickbed and nurses <u>them</u> to health.

I said, "God, pity me, heal me for <u>I</u> have failed you." Enemies predict the <u>worst</u> for me: "How soon till <u>this</u> one dies, how <u>soon</u> forgotten?"

Visitors all <u>wish</u> me well, but they come seeking bad news to gossip <u>on</u> the street. My enemies whisper and spread the <u>worst</u> about me: "Something fatal has taken hold, this one will <u>not</u> get well."

Even my trusted friend who <u>used</u> to eat with me now <u>turns</u> on me.

Pity me, God, restore me so I can **pay** them back.
Then I will know you favor me when my foes can**not** prevail.
I am inno**cent**; uphold me!
Let me stand with **you** for ever.

Blessed be the Lord, God of Isra<u>el</u> for ever. Amen! *A*men!

Psalm 46



Antiphon The Lord of cosmic power, Jacob's God, will shield us.

2 Choirs

Our sure defense, our shelter and <u>hel</u>p in trouble, God never <u>stands</u> far off.

So we <u>stand</u> unshaken when solid earth cracks and volcanoes slide in<u>to</u> the sea, when <u>break</u>ers rage and mountains tremble <u>in</u> the swell.

The Lord of <u>co</u>smic power, Jacob's <u>God</u>, will shield us.

A river delights the city of God, home of the Holy <u>One</u> Most High. With God there, the city stands; God defends it un<u>der</u> attack. Nations rage, <u>em</u>pires fall. God speaks, <u>earth</u> melts.

The Lord of <u>cos</u>mic power, Jacob's <u>God</u>, will shield us.

Come! See the wonders God does a**cross** the earth: everywhere **stop**ping wars, smashing, **crush**ing, burning all the wea**pons** of war.

An end **to** your fighting! Acknowledge me as God, high over nations, high **o**ver earth.

The Lord of <u>co</u>smic power, Jacob's <u>God</u>, will shield us.

Revelation 15:3-4

Please stand for this canticle of praise.



Antiphon All nations will gather, bowing <u>low</u> to you. Todas las naciones vendrán y te a<u>do</u>rarán.

Cantor/All

Grande y maravilloso es todo lo que has hecho,
Señor, Dios todo**po**deroso;
rectos y verdaderos son tus caminos, oh Rey de <u>las</u> naciones.

All you do stirs wonder, Lord, mighty God. Your ways are right and true, ruler of all nations.

Who would not be moved to glorify your name? For you alone are holy.

todas las naciones vendrán y te a<u>do</u>rarán, porque tus juicios han sido ma**ni**festados. ¿Quién no te temerá, oh Señor? ¿Quién no te alabará? Pues solamente tú eres santo;

All nations will gather, bowing low to you, for your saving works are plainly seen.

PSALMODY DOXOLOGY



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF MARY (stand)

Antiphon You, Lord, have come to the aid of your servants to remember the promise of mercy.

Intercessions
Our Father
Concluding Prayer



SATURDAY MORNING PRAYER

CALL TO WORSHIP (stand)

Leader God, come to our assistance. All Lord, make haste to help us.

Leader (bow) Glory to the Father, and to the Son,

and to the Holy Spirit:

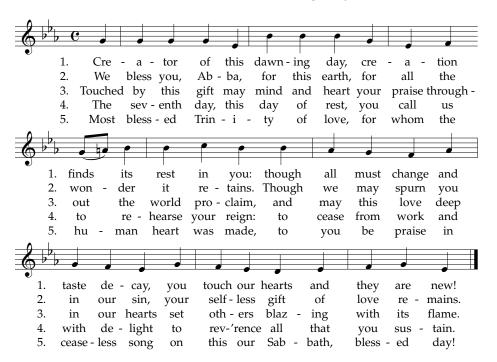
All (upright) as it was in the beginning,

is now, and will be for ever. Amen. Alleluia.



HYMN [Weeks 1, 9, 17, 25, 33]

Creator of this Dawning Day

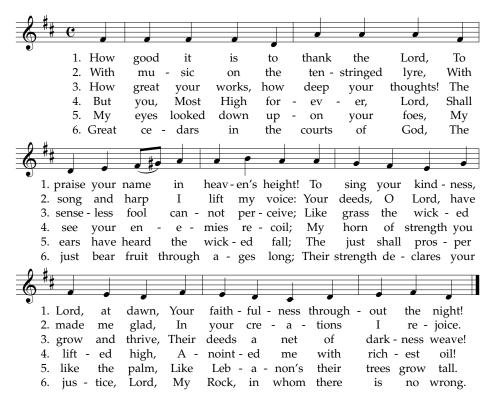


Text: Aelred-Seton Shanley, © 1999, Aelred-Seton Shanley. Published by Liturgy Training Publications. All rights reserved. Used with permission.

Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

HYMN [Weeks 5, 13, 21, 29]

How Good It Is to Thank the Lord



Text: Bernard Mischke, OSC, © 1965, Crosier Fathers and Brothers. All rights reserved. Music: Eugene Lindusky, © 1965, Crosier Fathers and Brothers. All rights reserved.

PSALMODY (be seated)

Psalm 119:145-152

TONE 8



Antiphon I face you in the <u>cold</u> night, praying, waiting <u>for</u> your word.

2 Choirs

My heart begs you, Lord: hear me, so I <u>can</u> keep faith. I beg you, make me free, so I can <u>live</u> your laws.

I face you in the cold night praying, waiting <u>for</u> your word. I keep watch through the night, repeating <u>what</u> you promise.

Hear me, loving God, let your justice <u>make</u> me live. The wicked close in on me; to them your <u>law</u> is foreign.

But you, Lord, are closer still, your law is **my** whole truth, learned when I was young, fixed **for** all time.

Exodus 15:1-18



Antiphon The Lord is my strength, the <u>Lord</u> who saves me; this is the <u>God</u> I praise.

2 Choirs

I sing of the Lord, great <u>and</u> triumphant: horse and rider are cast into the sea!

The Lord is my strength, the <u>Lord</u> who saves me: this is the God I praise, the God <u>of</u> my ancestor.

True to the name "Lord," our God <u>leads</u> in battle, hurls Pharaoh's chariots and army in<u>to</u> the sea.

The best of their warriors sink be<u>neath</u> the Reed Sea, sink like rocks to the bottom, lie covered <u>by</u> the deep.

Your right arm, Lord, is majesty and power, your raised right arm shatters the enemy.

Awesome your power: you <u>hurl</u> down enemies, you blaze forth in anger to consume **them** like stubble.

One blast from your nostrils and the waters pile high, the waves pull back to stand firm **as** a wall.

The enemy thinks, "Pursue them, seize them and <u>all</u> they have, feast on all their wealth, draw the sword <u>and</u> destroy them."

But you send another blast; the sea <u>swal</u>lows them, like lead they sink in the terri<u>f</u>ying waters.

Who can rival you, Lord, among the gods?
Who can rival you, terrifying *in* holiness?





Awesome this story, fear<u>ful</u> your wonders: you stretched out your hand, the earth **swal**lowed them.

By your love you guide this people you redeemed, your power clears their path to your holy place.

When nations hear, they shudder: the Philistines <u>writhe</u> in fear, all the princes of Edom tremble <u>in</u> their terror,

all the chiefs of Moab shake beyond control, all the people of Canaan melt away in dread.

Your mighty arm strikes terror, they fall silent as stone, while your people, Lord, cross over, your own people cross over.

You brought and planted them, Lord, on the mountain you chose, where you make your dwelling, the temple you built by hand.

The Lord rules for ever and ever!
The Lord rules for ever and ever!

Psalm 117

Please stand for this psalm of praise.



Antiphon Nations, peoples, give glory!
Alaben al Señor, todas las naciones.

Cantor/All

Alaben al Señor, todas <u>las</u> naciones, *Praise! Give glory to God!* aclámenlo, to<u>dos</u> los pueblos. *Nations, peoples, give glory!*

Strong the love em**brac**ing us. *Pues grande es su amor con*Faithful the **Lord** for ever. *nosotros, la fidelidad del Señor es eterna*.

¡Ale<u>lu</u>ya! ¡Ale<u>lu</u>ya! Alleluia! Alleluia!

PSALMODY DOXOLOGY



All (bow) Glory to the Father, and <u>to</u> the Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

READING (be seated)

CANTICLE OF ZECHARIAH (stand)



Antiphon Out of God's deepest mercy a dawn will come from on high.

2 Choirs

Praise the Lord, the God <u>of</u> Israel, who shepherds the people and <u>sets</u> them free.

God raises from David's house a child with power <u>to</u> save. Through the holy prophets God promised in <u>ages</u> past to save us from en<u>e</u>my hands, from the grip of <u>all</u> who hate us.

The Lord favored our ancestors recalling the sa<u>cred</u> covenant, the pledge to our an<u>ces</u>tor Abraham, to free us <u>from</u> our enemies, —

so we might worship without fear and be holy and just <u>all</u> our days.

And you, child, will be called Prophet of the <u>Most</u> High, for you will come to prepare a pathway <u>for</u> the Lord by teaching the peo<u>ple</u> salvation through forgiveness <u>of</u> their sin.

Out of God's deepest mercy a dawn will come from on high, light for those shadowed by death, a guide for our feet on the way to peace.

Doxology



All (bow) Glory to the Father, and to <u>the</u> Son, and to the <u>Ho</u>ly Spirit:

(*upright*) as it was in <u>the</u> beginning, is now, and will be for ev<u>er</u>. Amen.

Intercessions
Our Father
Concluding Prayer